

DALY DYNAMICS:

(PROVIDING LIFE COACHING INTERVENTIONS)



UNLOCK
YOUR
INNER
POWER.

**PRODUCT: CAREER PLANNING WORKSHOP
FOR PRODUCTION PERSONNEL.**



WORKSHOP CONTENT:

Personal intro's
Your outer and inner world
Limiting self belief's
Your self image
Why career planning ?
Practical exercise ito who I am
Some mind power skills
Practical exercise ito my passions
A holiday. An interactive game
Creation of the a vision board
Goal setting
Career planning
Insight into Adult based education and training



Contact. Lyndel at
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DURATION: 1 day

TARGET GROUP: Reading and writing illiterate

COST:

The costs are negotiated around the client's needs and the facilitator's travel and accommodation requirements. Facilitators are stationed in Cape Town.